

WALKS-A-MILLION PROGRAM

1 MILE = 2,000 STEPS

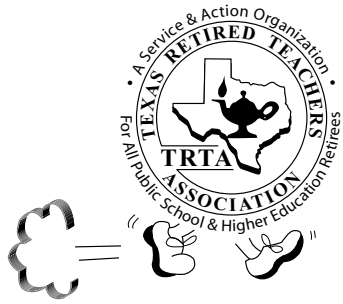
Individual Steps for Health Care

Return to Local Unit Health Care Committee Chairman by JANUARY 15

STEPS TO BE REPORTED FOR TIME PERIOD JANUARY 1 THROUGH DECEMBER 31

Local Unit Member _____

MONTH	STEPS	MONTH	STEPS
JANUARY		JULY	
FEBRUARY		AUGUST	
MARCH		SEPTEMBER	
APRIL		OCTOBER	
MAY		NOVEMBER	
JUNE		DECEMBER	
GRAND TOTAL			



WALKS-A-MILLION PROGRAM

1 MILE = 2,000 STEPS

Local Unit Annual Report Form

Local Unit _____

Local Unit Health Care Committee Chairman _____

Phone _____

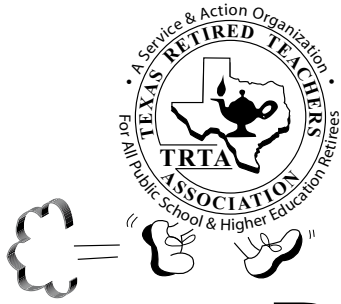
Email _____

**Return to District Health Care Committee Chairman
by FEBRUARY 1**

STEPS TO BE REPORTED FOR TIME PERIOD JANUARY 1 THROUGH DECEMBER 31

GRAND TOTAL OF HEALTH CARE STEPS FOR LOCAL UNIT

Local Unit Health Care Committee Chairman Signature



WALKS-A-MILLION PROGRAM

1 MILE=2,000 STEPS

District Annual Report Form

(For all Local Units in your District)

District # _____ District Health Care Committee Chairman _____

Phone _____

Email _____

Return to TRTA Health Care Committee Designated Member by FEBRUARY 15

STEPS TO BE REPORTED FOR TIME PERIOD JANUARY 1 THROUGH DECEMBER 31

LOCAL UNIT	STEPS	LOCAL UNIT	STEPS
GRAND TOTAL			

District Health Care Committee Chairman Signature _____